

Flourish

PRACTICE
WORKSHEETS

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NAILING YOUR PRACTICE!

The best way to use any of my practice sheets is to put aside your brush pen and grab a pencil. Practice is best when you first focus on creating muscle memory for a movement. Using a pencil is one of the best ways to focus on the movement before adding the complexity of the brush pen.

Place the practice sheet underneath a sheet of tracing paper and use your pencil to trace over the lines again and again and again,

How many times should you trace it? Until you can create the exact same line without having the practice page underneath.

Once you can do that, bring your brush pen back into the mix and adjust to the change in tool. Remember that the movement when you're first learning something new is more important than the final product.

Be gracious with yourself and know that nothing worth having comes easily, practice makes perfect, and all of those other sayings. They're popular sayings for a reason.

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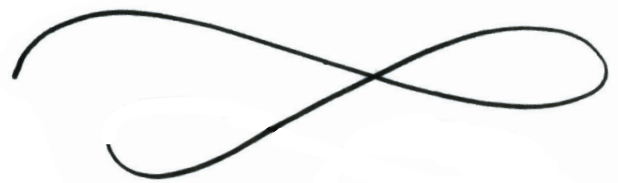
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THE LINES



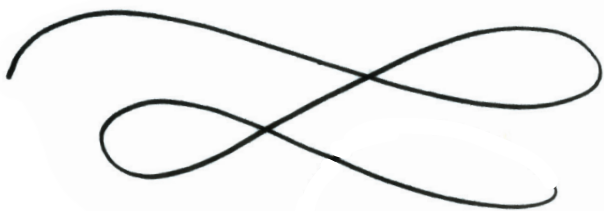
STEP 1 _____

Create a gentle wave with opposing curves on either end.



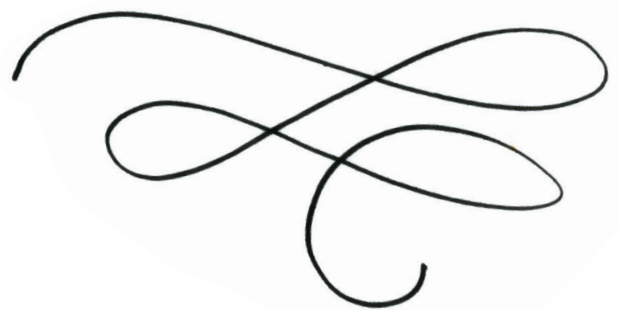
STEP 2 _____

Start again at the beginning and draw the initial curve with a second gentle curve underneath.



STEP 3 _____

Again, begin at the top left point, draw the previous two curves and add one more.



STEP 4 _____

Now it's time to start at the beginning and go all the way to the end. Curl that final tail underneath with a lazy circle.

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